



SACCSS Athletics Program 2023

Program of Events

	EVENT	TIME	RECORD	SET BY	YEAR
1	Boys 15 Year Olds Shot Put Inter	9:30AM	16.70m	Vitolio Paulo - Salesian	2019
2	Girls 17-20 Discus Throw Senior	9:30AM	28.85m	Melissa Fiorio – St Monica's	2013
3	Boys 17-20 Discus Throw Senior	9:30AM	44.56m	Chris Hargreaves - MacKillop	2003
4	Girls 13-14 1500 Meter Run Junior	9:50AM	4:55.94	Lucy Cleveland – Emmanuel	2022
5	Girls 15-16 1500 Meter Run Inter	9:57AM	4:59.22	Rachael Menadue - MacKillop	2006
6	Boys 15 Year Olds High Jump Inter	10:00AM	1.85m	D. Heffernan - Loyola	1984
7	Girls 15 Year Olds High Jump Inter	10:00AM	1.55m	Chelsea Young - Salesian	2015
8	Girls 15 Year Olds Shot Put Inter	10:00AM	10.04m	Amy Temos – St Monica's	2019
9	Girls 13 Year Olds Long Jump Junior	10:00AM	5.02m	A. Grgat - Loyola	1985
10	Boys 13 Year Olds Long Jump Junior	10:00AM	5.66m	Lachlan Jorgensen - Salesian	2015
11	Girls 17-20 Triple Jump Senior	10:00AM	11.14m	Montana Djatschenko – CRC Melton	2018
12	Boys 17-20 Triple Jump Senior	10:00AM	13.61m	F. Brekalo - Caroline Chisholm	1992
13	Girls 13 Year Olds Discus Throw Jun	10:00AM	29.90m	S. Hamilton - CRC St Albans	1990
14	Girls 17-20 1500 Meter Run Senior	10:04AM	5:09.91	Kate Cuk - CRC Sydenham	2007
15	Boys 13-14 1500 Meter Run Junior	10:11AM	4:33.93	Damian Steyn – CC Melton	2022
16	Boys 15-16 1500 Meter Run Inter	10:18AM	4:19.91	Ryan Mathews - MacKillop	2005
17	Boys 17-20 1500 Meter Run Senior	10:25AM	4:16.92	Chris Downie - MacKillop	2007
18	Boys 16 Year Olds Shot Put Inter	10:30AM	16.78m	Emmanuel Paulo – Salesian	2019
19	Boys 13 Year Olds Discus Throw Jun	10:30AM	35.62m	Kurt D'Lasselle - St Monica's	2003
20	Girls 13 Year Olds 400 Meter Run Jun	10:35AM	1:04.50	Ellie Thom - Salesian	2005
21	Girls 14 Year Olds 400 Meter Run Jun	10:38AM	1:01.00	R. Swann - Salesian	1994
22	Girls 13 Year Olds High Jump Junior	10:40AM	1.46m	Tamara Mancuso - Salesian	2009
23	Boys 13 Year Olds High Jump Junior	10:40AM	1.68m	Lachlan Jorgensen - Salesian	2015
24	Girls 14 Year Olds Long Jump Junior	10:40AM	4.97m	Rylee Bone - Salesian	2017
25	Girls 16 Year Olds Triple Jump Inter	10:40AM	10.77m	Montana Djatschenko – CRC Melton	2017
26	Boys 14 Year Olds Long Jump Junior	10:40AM	5.65m	Yousif Hamouda – St. Monica's	2018
27	Boys 16 Year Olds Triple Jump Inter	10:40AM	13.36m	Frank Brisevack - St Monica's	2009
28	Girls 15 Year Olds 400 Meter Run Int	10:41AM	1:03.76	Stephanie Marinelli - CRC Nth Keilor	2010
29	Girls 16 Year Olds 400 Meter Run Int	10:44AM	1:01.89	Michaela Asciak - MacKillop	2009
30	Girls 17-20 400 Meter Run Senior	10:47AM	1:03.30	Nicole Javanovic - Salesian	2011
31	Boys 13 Year Olds 400 Meter Run Jun	10:50AM	57.62	Lachlan Jorgensen	2015
32	Boys 14 Year Olds 400 Meter Run Jun	10:53AM	55.42	Ryan Braithwaite – MacKillop	2018
33	Boys 15 Year Olds 400 Meter Run Int	10:56AM	53.60	P. Jago - MacKillop	1985
34	Boys 16 Year Olds 400 Meter Run Int	10:59AM	52.86	Vishnu Satish – Penola	2017
35	Girls 16 Year Olds Shot Put Inter	11:00AM	9.14m	Kalo Tafalo – St Monica's	2022
36	Boys 14 Year Olds Discus Throw Jun	11:00AM	39.34m	Lei Gray - Penola	2003
37	Boys 17-20 400 Meter Run Senior	11:02AM	49.30	Sean Simpson - Loyola	1986
38	Girls 13 Year Olds 100 Meter Run A	11:12AM	12.71	Ellie Thom - Salesian	2005
39	Girls 13 Year Olds 100 Meter Run B	11:13AM	12.71	Ellie Thom - Salesian	2005
40	Girls 14 Year Olds 100 Meter Run A	11:14AM	12.72	K. Pigott - CRC Nth Keilor	1993
41	Girls 14 Year Olds 100 Meter Run B	11:15AM	12.72	K. Pigott - CRC Nth Keilor	1993
42	Girls 15 Year Olds 100 Meter Run A	11:16AM	12.57	K. Pigott - CRC Nth Keilor	1994
43	Girls 15 Year Olds 100 Meter Run B	11:17AM	12.57	K. Pigott - CRC Nth Keilor	1994
44	Girls 16 Year Olds 100 Meter Run A	11:18AM	12.57	K. Pigott - CRC Nth Keilor	1995
45	Girls 16 Year Olds 100 Meter Run B	11:19AM	12.57	K. Pigott - CRC Nth Keilor	1995
46	Girls 17-20 100 Meter Run A Senior	11:20AM	12.81	E. Thom - Salesian	2010
47	Girls 16 Year Olds High Jump Interm	11:20AM	1.55m	M. Adamcewicz - CRC Melton	1988
48	Boys 16 Year Olds High Jump Inter	11:20AM	1.83m	D. Heffernan - Loyola	1985
49	Girls 15 Year Olds Long Jump Inter	11:20AM	5.54m	Rita Azzopardi - CRC Nth Keilor	2005
50	Girls 14 Year Olds Triple Jump Jun	11:20AM	10.33m	Danielle Griolli - CRC Nth Keilor	2006
51	Boys 15 Year Olds Long Jump Inter	11:20AM	6.02m	C. Torner - St Monica's	1984
52	Boys 14 Year Olds Triple Jump Jun	11:20AM	12.38m	Ryan Braithwaite - MacKillop	2018
53	Girls 17-20 100 Meter Run B Senior	11:21AM	12.81	Ellie Thom - Salesian	2010
54	Boys 13 Year Olds 100 Meter Run A	11:22AM	12.28	Jordan Reithofer - CRC Melton	2005
55	Boys 13 Year Olds 100 Meter Run B	11:23AM	12.28	Jordan Reithofer - CRC Melton	2005
56	Boys 14 Year Olds 100 Meter Run A	11:24AM	11.24	Lachlan Lamb – St Monica's	2014
57	Boys 14 Year Olds 100 Meter Run B	11:25AM	11.24	Lachlan Lamb – St Monica's	2014
58	Boys 15 Year Olds 100 Meter Run A	11:26AM	11.54	J. Domantary	1994
59	Boys 15 Year Olds 100 Meter Run B	11:27AM	11.54	J. Domantary	1994
60	Boys 16 Year Olds 100 Meter Run A	11:28AM	11.01	Jilven Yap – Caroline Chisholm	2013
61	Boys 16 Year Olds 100 Meter Run B	11:29AM	11.01	Jilven Yap - Caroline Chisholm	2013
62	Boys 17-20 100 Meter Run A Senior	11:30AM	10.59	E. Brekalo - Caroline Chisholm	1992
63	Girls 17-20 Shot Put Senior	11:30AM	10.00m	Carla Serritelli – Loyola	1991
64	Boys 17-20 Shot Put Senior	11:30AM	14.39m	L. Delrosario - CRC St Albans	1991
65	Girls 14 Year Olds Discus Throw Jun	11:30AM	30.34m	S. Hamilton – MacKillop	1996



SACCSS Athletics Program 2023

Program of Events

	EVENT	TIME	RECORD	SET BY	YEAR
66	Boys 17-20 100 Meter Run B Senior	11:31AM	10.59	E. Brekalo - Caroline Chisholm	1992
67	Girls 13 Year Olds 800 Meter Run Jun	11:36AM	2:30.33	H. Fergusson – Salesian	1992
68	Girls 14 Year Olds 800 Meter Run Jun	11:41AM	2:27.80	K. Hutchinson - CRC Melton	1992
69	Girls 15 Year Olds 800 Meter Run Int	11:46AM	2:27.43	Mia White – MacKillop	2018
70	Girls 16 Year Olds 800 Meter Run Int	11:51AM	2:22.44	Kristy Blackmore – Salesian	2006
71	Girls 17-20 800 Meter Run Senior	11:56AM	2:28.51	Annika Miesen- CRC Melton	2013
72	Girls 17-20 High Jump Senior	12:00PM	1.62m	G. Hannah – MacKillop	1991
73	Boys 17-20 High Jump Senior	12:00PM	1.87m	Daniel Hamouda – St Monica's	2016
74	Boys 14 Year Olds Shot Put Junior	12:00PM	14.71m	John Demasi - CRC Melton	1999
75	Girls 16 Year Olds Long Jump Inter	12:00PM	5.00m	Marryl Vollenhoven – Loyola	1991
76	Girls 15 Year Olds Triple Jump Inter	12:00PM	10.31mm	Montana Djatschenko – CRC Melton	2016
77	Boys 16 Year Olds Long Jump Inter	12:00PM	6.08m	Matthew Horan – CRC Melton	2015
78	Boys 15 Year Olds Triple Jump Inter	12:00PM	12.64m	Ryan Braithwaite – MacKillop	2019
79	Boys 15 Year Olds Discus Throw Int	12:00PM	40.34m	Keegan Andrews - MacKillop	2017
80	Boys 13 Year Olds 800 Meter Run Jun	12:01PM	2:17.70	P. Jago - MacKillop	1983
81	Boys 14 Year Olds 800 Meter Run Jun	12:06PM	2:12.18	P. Jago - MacKillop	1984
82	Boys 15 Year Olds 800 Meter Run Int	12:11PM	2:11.82	Dominic Sutton - St Monica's	2005
83	Boys 16 Year Olds 800 Meter Run Int	12:16PM	2:03.81	Michael Coventry - CRC Nth Keilor	2009
84	Boys 17-20 800 Meter Run Senior	12:21PM	2:03.38	Dominic Sutton - St Monica's	2008
85	Girls 13 Year Olds 200 Meter Run A	12:26PM	27.41	Ellie Thom - Salesian	2005
86	Girls 13 Year Olds 200 Meter Run B	12:28PM	27.41	Ellie Thom - Salesian	2005
87	Girls 14 Year Olds 200 Meter Run A	12:30PM	26.62	K.Pigott - CRC Nth Keilor	1993
88	Girls 14 Year Olds Shot Put Junior	12:30PM	9.41m	Siala Maelasi – Penola	2019
89	Girls 15 Year Olds Discus Throw Inte	12:30PM	27.13m	Zoe Attard – CRC Melton	2019
90	Girls 14 Year Olds 200 Meter Run B	12:32PM	26.62	K. Pigott - CRC Nth Keilor	1993
91	Girls 15 Year Olds 200 Meter Run A	12:34PM	26.94	S. Rawlings - CRC Melton	1987
92	Girls 15 Year Olds 200 Meter Run B	12:36PM	26.94	S. Rawlings - CRC Melton	1987
93	Girls 16 Year Olds 200 Meter Run A	12:38PM	26.90	Ellie Thom - Salesian	2008
94	Girls 16 Year Olds 200 Meter Run B	12:40PM	26.90	Ellie Thom - Salesian	2008
95	Girls 14 Year Olds High Jump Junior	12:40PM	1.55m	Tamara Mancuso - Salesian	2010
96	Boys 14 Year Olds High Jump Junior	12:40PM	1.68m	Lachlan Stewart – CRC Melton	2015
97	Girls 17-20 Long Jump Senior	12:40PM	5.65m	Aris Patsouras – St Monica's	2019
98	Boys 17-20 Long Jump Senior	12:40PM	6.87m	Jude Georgievski – St Monica's	2022
99	Girls 13 Year Olds Triple Jump Junio	12:40PM	10.08m	Marie McEvoy – CRC St. Albans	2018
100	Boys 13 Year Olds Triple Jump Junio	12:40PM	10.60m	AJ Magbegor - Penola	2017
101	Girls 17-20 200 Meter Run A Senior	12:42PM	26.76	Viduka Mariklud - Loyola	1990
102	Girls 17-20 200 Meter Run B Senior	12:44PM	26.76	Viduka Mariklud - Loyola	1990
103	Boys 13 Year Olds 200 Meter Run A	12:46PM	25.21	Lachlan Jorgensen - Salesian	2015
104	Boys 13 Year Olds 200 Meter Run B	12:48PM	25.21	Lachlan Jorgensen - Salesian	2015
105	Boys 14 Year Olds 200 Meter Run A	12:50PM	24.20	Ben Rubinich - CRC Nth Keilor	2005
106	Boys 14 Year Olds 200 Meter Run B	12:52PM	24.20	Ben Rubinich - CRC Nth Keilor	2005
107	Boys 15 Year Olds 200 Meter Run A	12:54PM	23.59	Z. Vukusic - CRC Nth Keilor	1990
108	Boys 15 Year Olds 200 Meter Run B	12:56PM	23.59	Z. Vukusic - CRC Nth Keilor	1990
109	Boys 16 Year Olds 200 Meter Run A	12:58PM	23.53	Paul Acker - Loyola	1986
110	Boys 16 Year Olds 200 Meter Run B	1:00PM	23.53	Paul Acker - Loyola	1986
111	Girls 13 Year Olds Shot Put Junior	1:00PM	11.13m	S. Hamilton - St Monica's	1990
112	Boys 16 Year Olds Discus Throw Int	1:00PM	51.77m	Chris Hargreaves - MacKillop	2001
113	Boys 17-20 200 Meter Run A Senior	1:02PM	22.19	Paul Acker - Loyola	1987
114	Boys 17-20 200 Meter Run B Senior	1:04PM	22.19	Paul Acker - Loyola	1987
115	Girls 13 Year Olds 4x100 Meter Rel	1:15PM	56.90	Loyola - Loyola	1988
116	Boys 13 Year Olds 4x100 Meter Rel	1:20PM	51.45	St Monica's – L.Lamb, T.Sek, B. Wright, D. Patrikios	2013
117	Girls 14 Year Olds 4x100 Meter Rel	1:25PM	55.50	St Monica's - B. Licovski, E. DiMarco, J. Mamone, S. Zilic	2009
118	Boys 14 Year Olds 4x100 Meter Rel	1:30PM	47.62	St Monica's - St Monica's	2014
119	Boys 13 Year Olds Shot Put Junior	1:30PM	13.30m	C. Angleton - CRC Melton	1985
120	Girls 16 Year Olds Discus Throw Int	1:30PM	32.40m	Alex Bulic - CRC Melton	2010
121	Girls 15 Year Olds 4x100 Meter Rel	1:35PM	53.59	St Monica's - St Monica's	1983
122	Boys 15 Year Olds 4x100 Meter Rel	1:40PM	48.15	St Monica's - St Monica's	1986
123	Girls 16 Year Olds 4x100 Meter Rel	1:45PM	53.10	St Monica's - St Monica's	1985
124	Boys 16 Year Olds 4x100 Meter Rel	1:50PM	46.90	St Monica's - St Monica's	1983
125	Girls 17-20 4x100 Meter Relay Sen	1:55PM	52.60	St Monica's - St Monica's	1985
126	Boys 17-20 4x100 Meter Relay Sen	2:00PM	45.37	Salesian (1994)/ Emmanuel (2022)	1994/2022